

One stone which is of unique importance is the amethyst. The amethyst is a form of quartz having a wide variety of violet hues owing to traces of manganese and other elements within its structure. It is a stone which has been prized by royalty down through the ages, and many consider it to be a regal stone. Esoteric sources consider amethyst to belong to the divine order of the Violet Flame of Transmutation, because it is a gem which represents the process of alchemy, whether of a physical, emotional or spiritual nature.

Amethyst is powerful in its energizing and transmutational powers because it works at the triune levels of the physical, emotional and spiritual planes. It can assist in the transformation of habits, speech, thought processes and emotional feelings from expressions of the lower personality into manifestations of our inner divine nature.

The amethyst can transmute and purify energy from a lower to a higher spiritual level. It repels those energies which would be considered of a negative nature. The quality of amethyst is to purify and amplify all healing rays of subtle energy.

Because of its **higher vibratory rate**, the amethyst is more directly connected to the life-force of all things. Because of its violet hue, it is also associated with energies of the ultraviolet spectrum. Researchers have only recently discovered that ultraviolet light has an intimate connection to the process of **cellular replication**. The violet color itself is one of **purification**, through which many impurities may be filtered out.

Because the amethyst is associated with the flow of the life-force, it is able to **affect the blood vessels and arteries** which carry this energy through the medium of the bloodstream. It is able to act as a subtle-energy filter for the forces of the bloodstream, especially when placed over a blood vessel such as an artery. In working with the blood, the amethyst works through the etheric body as opposed to a particular chakra.

Vibrational Medicine

Richard Gerber, M.D.

Vibrational Medicine QUOTE

"The health, healing and well-being of the total planet are within the capabilities of this stone of great nobility. Encapsulated within the core of the amethyst is the vibration of love; it is that which blends all areas of the body and the being together. It has the ability to transmute pain into pleasure, and break into harmony. It has the ability to change the molecular structure of things."

The Spiritual Values of Gemstones

W. Richardson and L. Huett